

CatholicMom.com Gospel Activity – Celebrating Our Catholic Faith
Religious Education Lesson Plan Helpers by Laura Grace

Lent

Please note: Some of our lesson plans contain links to Christian, non-Catholic resources. When preparing your lessons, we urge you to inform yourself on the teachings of the Catholic Church with respect to the Sunday gospel and readings. If you find links in any of the lesson plan which may be counter to the teachings of the Church, please notify lisa@catholicmom.com. These lessons plan helpers are designed to assist you in pulling together creative ideas and activities to supplement your lesson plan, but are not designed to be catechetical in nature. Thank you for your continued prayerful support.

Activities

catholicmom.com

http://www.catholicmom.com/kids_lent_activities.htm

Great list of activities and crafts for Lent.

cin.org

<http://www.cin.org/users/james/files/lent.htm>

All About Lent- Questions with answers about Lent.

christiancrafters.com

http://www.christiancrafters.com/lesson_LentCross.html

Ash Wednesday and Lent lesson with craft.

silk.net

http://www.silk.net/RelEd/ezine02_2005.htm

Lenten resources including readings, puzzles, clip art and text, etc.

catecheticalresources.com

http://www.catecheticalresources.com/Teacher_Resources.htm

Lent activities grouped by ages.

domestic-church.com

http://www.domestic-church.com/index.dir/index_fridge.htm

Click on Lent and Easter.

domestic-church.com

http://www.domestic-church.com/CONTENT.DCC/19980301/FRIDGE/EXPL_LENT.HTM

Exploring Lent.

episcopalchurch.org

http://www.episcopalchurch.org/50534_55888_ENG_HTM.htm

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Lesson plans that follow the Revised Common Lectionary for young children, older children and adults.

sfaparish.com

http://www.sfaparish.com/lent_activities.htm

Lent Activities- Over 40 easy-to-follow family activities.

americancatholic.org

<http://www.americancatholic.org/Features/Lent/>

Lent: A Call to Conversion- Lenten inspiration.

kencollins.com

<http://www.kencollins.com/holy-04.htm>

The Season of Lent- Information about the Season of Lent, including what it means, when it starts and ends, how it originated, and how it sets the theme for Christian worship.

sundayschoollessons.com

<http://www.sundayschoollessons.com/lent.htm>

The Season of Lent.

cptryon.org

<http://www.cptryon.org/prayer/season/>

Meditations and Prayers for Lent and Easter- Stations of the Cross, About Foods for the Season, etc. are also included.

textweek.com

<http://www.textweek.com/lent.htm>

Online Resources for Lent- General resources, worship planning, art and music, devotionals, articles, etc.

cqsb.qc.ca

<http://www.cqsb.qc.ca/svs/434/crmi.htm>

Two worksheets about Lent: Lent #1- We Prepare for Easter. Lent #2- On my way to Easter.

transporter.com

<http://www.transporter.com/fatherpeffley/Doctrine/LentenCalendar.html>

Lenten Calendar- A good idea for each day of Lent from Fr. Francis Peffley.

webbelieveweb.com

http://www.webbelieveweb.com/documents/downloadables/parish/grade_4/g4_chapter_20.pdf

Activities to do during Lent.

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dltk-teach.com

<http://www.dltk-teach.com/books/hungrycaterpillar/>

The Very Hungry Caterpillar activities to help younger students understand the meaning about changing during Lent. Several fun activities are posted here to go with the book.

catholicculture.org

<http://www.catholicculture.org/lit/activities/view.cfm?id=112>

Lenten Alms Jars- This alms jar performs the two-fold purpose of demonstrating to children the importance of almsgiving and contributing money to the poor.

catholicculture.org

<http://www.catholicculture.org/lit/activities/view.cfm?id=295>

Lenten Sacrifice Beans- A wonderful way to help younger children remind them to do penance during Lent, lima beans in a jar record each Lenten sacrifice.

catholicculture.org

<http://www.catholicculture.org/lit/recipes/view.cfm?id=958>

Pretzels- The pretzel has great historical and spiritual significance for Lent. Here is a brief explanation and recipe for the pretzel.

pillsbury.com

<http://www.pillsbury.com/recipes/ShowRecipe.aspx?rid=15495>

Mini Soft Pretzels and Dip- Make these easy pretzels with or without dip. A great reference for Lent.

pillsbury.com

<http://www.pillsbury.com/recipes/ShowRecipe.aspx?rid=12444>

Soft Pesto Pretzels- Make this easy pretzel recipe without pesto and cheese using refrigerated breadsticks. Sprinkle with caraway seed and coarse salt before baking.

Coloring

webelieveweb.com

http://www.webelieveweb.com/documents/downloadables/parish/grade_k/gk_chapter_20.pdf

Coloring activity.

webelieveweb.com

http://www.webelieveweb.com/documents/downloadables/parish/grade_1/g1_chapter_20.pdf

Drawing and coloring activity.

holyspiritinteractive.net

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For additional coloring and word activities related to the Catholic faith, visit www.CatholicMom.com.

Feel free to share this activity with your family or students, but please consider a donation to support

CatholicMom.com and our mission of celebrating our Catholic Faith.

For more information contact Lisa@catholicmom.com

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<http://www.holyspiritinteractive.net/kids/coloringpages/>
Lent and Easter Special coloring pages.

Crafts

webelieveweb.com
http://www.webelieveweb.com/documents/downloadables/parish/grade_3/g3_chapter_20.pdf
Lent booklet to make.

hhmi.org
<http://www.hhmi.org/coolscience/butterfly/>
Caterpillar to a Butterfly craft- A cute and educational craft to emphasize that you are to change like a caterpillar during Lent.

enchantedlearning.com
<http://www.enchantedlearning.com/crafts/eggcarton/caterpillar.shtml>
Egg Carton Caterpillar- This is an easy way to make caterpillars using egg cartons, crayons or markers, scissors, and pipe cleaners. You could also have the students decorate the caterpillar by gluing small objects like beads, craft foam, cut out paper shapes, etc. Googly eyes are a nice touch also. You can use this craft to emphasize that they are to change during Lent. Then at Easter, use a butterfly craft to show how the caterpillar changed and became a butterfly.

Circle Caterpillar- Make this cute caterpillar to emphasize that they are to change during Lent. (Crafts to make in the Fall by Kathy Ross, pages 18 & 19).

Games

Bible Win, Loose, or Draw- http://www.christiancrafters.com/game_drawit.html
Use Lent words to play this game.

Bible Tic Tac Toe- <http://www.christiancrafters.com/page10.html>
Scroll down for directions. Use Lent trivia questions to play this game.

Hangman- (Players try to solve the Lent mystery word). The teacher picks a Lent word that is written on a piece of paper out of a bowl. The teacher then starts the hangman game by writing a blank line for each letter in the word. Teacher then picks someone to guess a letter. (Write on the chalkboard the letters that were guessed that were not in the mystery word). If a letter is guess correctly, it is written in the appropriate blank(s) and that person who guessed correctly gets another turn. They can guess another letter or

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guess the mystery word. If the person is incorrect, another player gets a turn. Whoever guessed the mystery word gets to pick a Lent word out of the bowl and start the hangman game.

Pass the Chicken- <http://www.northern.edu/marmorsa/Passthechicken.htm>
Use Lent trivia questions to play this game.

Bible Bowl (game)- Students will test their Bible knowledge as they bowl their way to win. Use Lent trivia questions to play this game. (The Super Bible Game Book by Linda Standke, page 121 - 127).

A Family Together: A Lenten Guess-the-Question Activity (game)- A group activity for the family or in class. It is similar to popular television quiz shows that involve questions and answers. Catechist (magazine), March 2006, Vol. 39, No. 6, page 18 & 19.

Puzzles

webelieveweb.com
http://www.webelieveweb.com/documents/downloadables/parish/grade_2/g2_chapter_20.pdf
Word search puzzle.

domestic-church.com
<http://www.domestic-church.com/CONTENT.DCC/19980301/FRIDGE/FRSTLENTX.HTM>
Lenten Theme Crossword Puzzle.

efree.mb.ca
<http://www.efree.mb.ca/lectionarypuzzles/in-awmp.htm>
Lent word search puzzles for year A.

efree.mb.ca
<http://www.efree.mb.ca/lectionarypuzzles/in-bwmp.htm#top>
Lent word search puzzles for year B.

efree.mb.ca
<http://www.efree.mb.ca/lectionarypuzzles/in-cwmp.htm#top>
Lent word search puzzles for year C.

teachingandlearningresources.co.uk
<http://www.teachingandlearningresources.co.uk/xweasterprint.html>
Lent crossword puzzle.

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Joy in New Life (cross word puzzle)- Christ Our Life by Loyola Press, Grade 6: God Calls a People, page 199 (students), page T287 (teachers) with answers.