

# Journey Through Lent Game

Materials- large die, egg timer, questions about Lent

Make a die out of a large juice carton <http://msscrafter.com/crafts/creationdice.htm> and put a ? mark on some (at least 3) of the sides of the die.

Directions- The objective of the game is to get the most points by answering questions about Lent. Set an egg timer for a specified time. Have a player roll the die on the floor in front of the class. If the die lands on a blank space, they do not answer a question. If the die lands on "?", they are asked a question by the teacher about Lent. If the player answers correctly, they receive a point (you can use tokens, write it on the board, etc.). If they are not correct, they do not receive a point. Players must collect as many points as they can. The game is over when the egg timer goes off. Whoever has the most points, wins. You can play this game individually or in teams. For an added challenge, you can also have "Lose 1 Point" and "Take 1 Point" on one or a couple of the sides of the die. When a player rolls "Lose 1 Point", they must lose 1 point. If a player rolls "Take 1 Point", they may take a point from any player they choose.

Questions:

On what day does Lent begin? Ash Wednesday

Lent is the time before \_\_\_\_\_? Easter

How many days does Lent last? 40 days not counting Sundays

Why does Lent last 40 days? The 40 days recalls the 40 days Jesus spent in the wilderness, fasting and being tempted by Satan (Matthew 4:1-11).

What do we do during Lent? We pray, fast, and do almsgiving.

During Lent we fast. What does fasting mean? Fasting means going without food or eating less. It can also mean giving up a certain food or treat.

Does eating between meals break the fast? Yes

Does drinking liquids between meals break the fast? No

At what age do Catholics start fasting? 18

If you are six years old, do you fast during Lent? No

If you are 16 years old, do you fast during Lent? No

Should your parents fast during Lent? Yes

What days do Catholics fast? On Ash Wednesday and on Good Friday.

During Lent, Catholics do abstinence. What is abstinence? Abstinence means to not eat meat.

On what days are Catholics not to eat meat? On Fridays and on Ash Wednesday.

At what age do Catholics not eat meat during Lent? 14

If you are 16 years old, do you do abstinence during Lent? Yes

If you are six years old, do you do abstinence during Lent? No

Should your parents do abstinence during Lent? Yes

What can we eat that is not meat? Fish and other seafood, vegetables, eggs, milk and other dairy products.

Do we fast and do abstinence every day during Lent? No, we only fast and do abstinence on Ash Wednesday and Good Friday. During Lent, every Friday we must practice abstinence (not eat meat).

When does Lent end? Holy Thursday or Maundy Thursday

What is the liturgical color for Lent? Violet

What day does the priest or other minister make the Sign of the Cross on your forehead with blessed ashes? Ash Wednesday

What shape are the blessed ashes put on your forehead? A cross.

On what day during Lent is there no Mass celebrated? Good Friday

What are the ashes made from? Burning palm leaves which have been saved from last year's Palm Sunday.

What is penance? Self punishment.

What is the name of the day just before Ash Wednesday? Fat Tuesday, Marti Gras, Shrove Tuesday or Pancake Day

The Church gives us how many weeks of Lent to prepare for Easter? 6

Easter celebrates the \_\_\_\_\_ Mystery, the mystery of our dying to sin and rising with Christ to the new life of grace. (Paschal)

What is almsgiving? Giving to the poor.



**Lose 1  
Point**

**Take 1  
Point**