

SUNDAY GOSPEL ACTIVITIES

Name: _____

Sunday, September 14, 2025

Worksheet for ages 7 to 10 years old

1. Today is the _____ of the Exaltation of the _____.

2. Match the scripture to the reading:

Numbers

Gospel

Psalm 78

2nd Reading

John

Responsorial Psalm

Phillipians

1st Reading

3. Why did God the Father send us His Son?

Circle all the reasons:

Out of great love for us.

To punish us.

So we would be saved and have eternal life.

To condemn the world.

4. What can we do to show God the Father we love Him and His Son, Jesus?

Use these letters to complete the word: e, i, v, s

B _ l _ e _ e _

5. Why do we say the cross is holy?

(a) It reminds of Jesus' love for us.

(b) We like to look at sad things.

(c) Because we see them in church.



SUNDAY GOSPEL ACTIVITIES

Name: _____

Sunday, September 14, 2025

Worksheet for ages 11 to 14 years old

1. What day is it today in the Church's calendar?

2. Match the scripture to the reading:

Phillipians	Gospel
Numbers	2 nd Reading
Psalms 78	Responsorial Psalm
John	1 st Reading

3. Why did God send Jesus to us?

4. What does Jesus ask us to carry in the Gospel?

5. Why do we say the cross is holy when it was on a cross that Jesus died?

6. What can you do to reverence Jesus' name when you hear it and the cross when you see it?



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Answer Key

Today the Feast of the Exaltation of the Holy Cross

Readings	Book	Answer to Question
First Reading	Numbers	
Psalm	78	
Second Reading	Phillipians	
Gospel	John	#3, God sent Jesus out of great love for us and that we might be saved and have eternal life in heaven with him.
		#4, the cross is holy it reminds us of Jesus' love; because that is how we are saved. #6 we can bless ourselves, bow our heads, genuflect – some sign of respect is a good to remind us of the gift we have been given.

