Catholic Mom
HOLY CROSS FAMILY MINISTRIES

SUNDAY GOSPEL ACTIVITIES

Name: _____

Sunday, October 25, 2026

Worksheet for ages 7 to 10

1. Today is the 30th _____ in Ordinary _____.

2. Why are you at Mass today?

(a) I like coming to Mass. (b) My parents said I had to come.

(c) I don't like Mass, but I come because I know God wants me to.

3. How often does the Church ask us to attend Mass?

(a) Once a month and no more. (b) Every Sunday and on Holy Days.

(c) Just on holy days and major holidays.

4. The Mass has a central part, the most important point of the Mass. It's the whole focus of our faith. Do you know what that point is?

(a) The entrance of the priest.

(b) The Consecration, when the bread and wine become the Body and Blood of Christ.

(c) The offertory.

(d) The Lord's Prayer.

5. Not just anyone can consecrate the bread and wine during Mass. In fact, only a few very special people can do it. Do you know who that is?

(a) Nuns (b) Bishops (c) Policemen (d) Priests (including Bishops)

6. From which book of the Bible is today's second reading taken?

1 Thessalonians 2 Thessalonians 1 Corinthians 2 Corinthians Titus

7. From which book of the Bible is today's Gospel reading taken?

Matthew Mark Luke John

8. The Consecration is when the priest holds up the bread and repeats Jesus' words, "This is my body, …). And then he holds the chalice of wine and says, "This is the chalice of my blood…). Try very hard to concentrate during this prayer; picture, in your mind, Jesus as He was saying these words.

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SUNDAY GOSPEL ACTIVITIES

Name: _____
Sunday, October 25, 2026
Worksheet for ages 11 to 14

1. What day is it today in the Church's calendar?

2. When the priest entered the church at the beginning of Mass today, did you sing a song or recite the Entrance Antiphon?

3. Why are you at Mass today? (Did you want to come? Did someone make you come?)

4. How often does the Church ask us to attend Mass?

5. The Mass has a central part, the most important point of the Mass. It's the whole focus of our faith. Do you know what that point is?

6. Not just anyone can consecrate the bread and wine during Mass. In fact, only a few very special people can do it. Do you know who that is?

7. There is a unique word to describe the moment when the bread and wine become the Body and Blood, Soul and Divinity of Jesus Christ. Do you what that word is? (It's a hard one, so here's a list to choose from. And yes, these are all real Catholic words!)

crosier intinction zucchetto transubstantiation aspergillum pallium

8. From which book of the Bible is today's second reading taken?

9. From which book of the Bible is today's Gospel reading taken?

10. The Consecration is when the priest holds up the bread and repeats Jesus' words, "This is my body, …). And then he holds the chalice of wine and says, "This is the chalice of my blood…). Try very hard to concentrate during this prayer; picture, in your mind, Jesus as He was saying these words.

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SUNDAY GOSPEL ACTIVITIES

Answer Key

Today is 30 Sunday in Ordinary Time; the color is green

Readings	Book	Answer to Question
First Reading	Exodus	
Psalm		
Second Reading	I Thessalonians	
Gospel	Matthew	
		3: B, 4, D; 4. We are to attend Mass every Sunday and Holy Day 5. The central part of the Mass is the Consecration 6.Priests and Bishops can consecrate the bread and wine to become Jesus' Body and Blood. 7. Transubstantiation is when the bread and wine become the Body and Blood of Jesus.